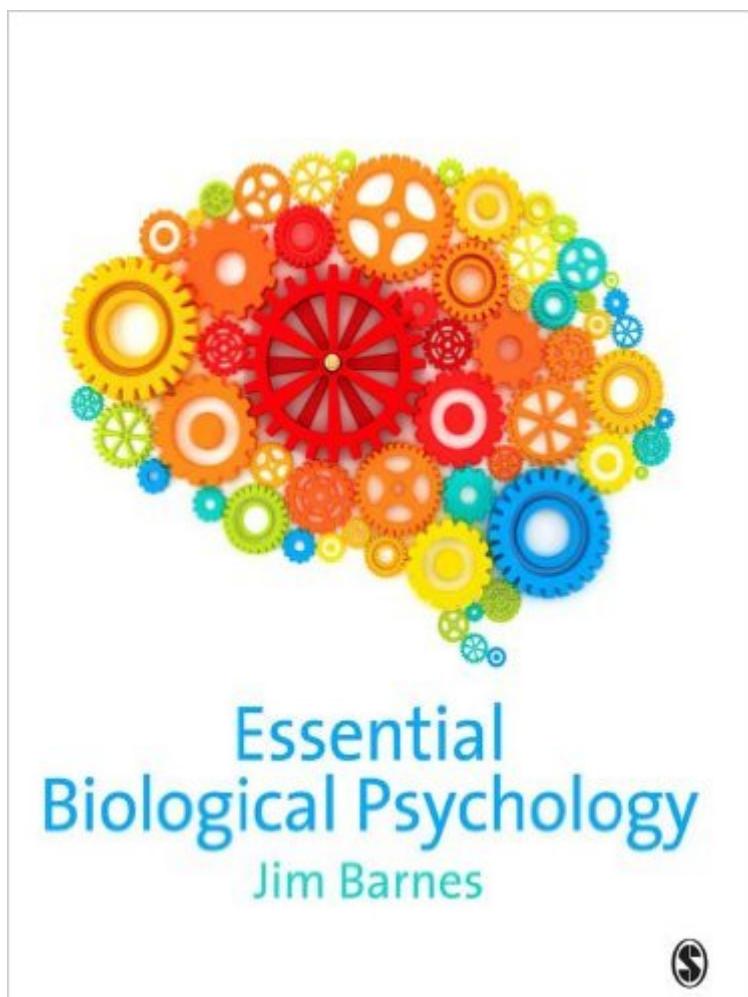


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# Essential Biological Psychology



## **Synopsis**

Drawing on the latest exciting research, Essential Biological Psychology provides students with a solid grasp of the relationship between mind and behaviour, and a detailed understanding of the underlying structure and physiological mechanisms that underpin it. The functions of the nervous system are explained and implications for health are explored. Throughout the book, Jim Barnes encourages students to evaluate essential concepts and theoretical issues. Features include: key concepts highlighted throughout the text enables students to grasp the fundamental knowledge and understanding of the structures and functions of the human nervous system that are relevant to the study of psychology the snapshot of key studies detailed in the textboxes allow critical evaluation of the role of physiology in human behaviour against a backdrop of up to date research clear explanations of the key methods in the text give students an appreciation of the contributions made by the different approaches and research methods that are used in biological psychology memory maps and diagrams within the text encourage learning and allow students to formulate memory aids to assist recall in exam conditions a companion website found at [www.sagepub.co.uk/barnes](http://www.sagepub.co.uk/barnes) consists of PowerPoint lecture slides and a testbank for teachers (50 questions per chapter) as well as interactive self-assessment testbank for students (10 questions per chapter) Electronic inspection copies are available to instructors.

## **Book Information**

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## Customer Reviews

The book itself is not too bad, I personally love SAGE PUB books, but do yourself a favor and don't buy the ebook version on . The Kindle version has some of the worst book formatting I've ever seen; tables that would easily fit on one page are cut in half and printed over two pages, so you have to constantly switch back and forth between pages...Edit:I got a refund from , and purchased the ebook from the official SAGE PUB reseller, whose version was flawless; hopefully has by now updated and improves their Kindle version of this book.After reading the book I can say that it is very informative, however I found it very dry and quite boring , one could argue that this is due to the fact that obligatory biological psychology courses generally aren't too loved by psychology students, however after I found another biological psychology book, which I used as an alternative I can say that it's mostly Barnes that failed to make his book interesting.One thing, however, that is always a big plus for me, is that this book as a online learn center (<http://www.uk.sagepub.com/barnes/study/default.htm>) , where you can find multiple choice tests and journal articles related to this book, which is always a good study help.See link to alternative book: <http://www..com/Biological-Psychology-James-W-Kalat/dp/0495790818>

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